

April 2011

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Inside this issue:

Birthdays/Employment Anniversaries/Red Apple Award	2
TLC Program Highlights	3
Hikes Point Updates	4
S.P.E.A.K./DSP Education/Training	6
Warm Fuzzy/Save the Date	7
New Clients, DSPs, Change of Responsibility/HR Updates	8
Calendars	12-14

Apple Core

Witness to A Client's Birthday.

I share this letter on the front page of the Apple Core, because it is a wonderful example of how Apple Patch DSP's strive to provide nurturing, fun and meaningful living environments for clients. I thank Tara Sorgi for sharing her observations and for agreeing to allow us to share it with our readers!

- Marleen Bailie

Dearest Apple Patch,

Tonight I had the pleasure of attending Pat's birthday party at her Apple Patch residence... 20 or so friends/family including staff (some who came in on their day-off); food and drinks; presents fit for a queen; decorations; dancing and lots of laughter. It was so much fun that I ended up canceling my plans for the evening to stay for the whole thing! :) Pat danced around with her birthday hat on, making colorful jokes, and otherwise being Pat- having the time of her life. I managed to round up a few of the staff before I left to express my most sincere gratitude. It was very eye-opening for me to see how much someone's life can change in such a brief period of time. While trying to hold back my tears, I attempted to paint a brief picture of Pat's life prior to moving to Apple Patch last Spring.

The Rules and Regulations we adhere to are designed to prevent our clients from being neglected and to mandate that their needs are met, but there are very few 'checks and balances' to assure their life is truly enjoyable. After all, Apple Patch wouldn't get cited for NOT having a birthday party, or NOT painting toe-nails, or NOT having coffee brewing when everyone gets home at the end of the day, but they choose to do it anyway. It takes very motivated and caring direct care staff to pull off these random acts of kindness. And to make it happen, they have to have a very supportive administration to provide them with the resources and flexibility they need to take such initiative.

From the bottom of my heart, I'd like to thank everyone for providing Pat with such a great birthday, but I'm also grateful for the reminder I received tonight as to where the bar should be set. HAT'S OFF TO THE A.P. GANG!

PS: I've attached a picture from the party tonight. The brief pause between Beyonce's dance routines quickly lead to tears as everyone sang to her...further proof that Apple Patch continues to make positive changes in the lives of the individuals they serve. (I then explained to her that she's only got a few more birthdays before her cake becomes a fire hazard!!)



Pat and her Birthday Cake!

Sincerely,

Tara Sorgi, BCBA, Applied Behavioral Advancements, LLC

May Birthdays and Anniversaries

Birthdays

Rabecca Roberts	05/05
Nina Pickett	05/06
Michelle Rose	05/06
Leanne Clemons	05/08
Marie Fitzmaurice	05/09
Andreanna Bartholome	05/12
Mary Davis	05/18
Josh Sundquist	05/21
Pam Bramblett	05/22
Charlotte Games	05/24
Helen Roberts	05/25
Rommie Nalley	05/27

Anniversaries

Chris Stevenson	8 years
Jim Zoeller	8 years
Susan Catron	4 years
Brenda Coffey	4 years
Aricka Bruce	2 years
Mary Davis	2 years
Mattie Noble	2 years
Donna Ott	2 years
Vicki Patterson	2 years
Karen Mason	1 year
Amy Mershall	1 year
Jennifer Sullivan	1 year



Red Apple Award

I would like to nominate Peggy Powell, the Arts and Crafts DSP at TLC.... Peggy runs an awesome art class for our clients here at TLC. She helps our clients have a more meaningful day-every day. She makes our clients happy and puts smiles on their faces with the warm and loving praise she gives them. She is a clean-freak and organizes anything that her hands come across. Peggy makes our day program shine in many ways. Thank you, Peggy for everything you do. It does not go unnoticed!

- Josh Sundquist, TLC Manager

I would like to nominate Nita Beach for the Red Apple Award. She makes everyone feel welcome here at AP. Nita continues to prove her love for the clients and dedication to AP. She helps the ladies at C4 live life to the fullest!! She never misses a Birthday for clients or staff!! She helps the ladies make cards for every occasion and takes pictures for the families. Nita never complains and will always go the extra mile.

-Michelle Rose, Residential Manager

Congratulations

Nita Beach

Red Apple Award Winner

for April, 2011

A Featured TLC DSP

Here at TLC, I work with an awesome lady named Peggy Powell. She is not your average DSP. She works not just at TLC, but for the Residential and Transportation Departments, too!

Peggy leads a fun Arts and Crafts class for our clients at TLC where she provides meaningful yet simple projects like abstract painting, holiday crafts, beadwork, clay molding, knitting, photography, scrapbooking and anything else our clients desire. She initiates these activities with a motivating can-do attitude that is uniquely hers. She helps bring out the best in clients; making it easy for them to express themselves. Peggy finds projects that clients like and builds on these interests when introducing new projects. Someone may want to take a picture using the digital camera and the next thing you know, there is an entire album in a scrapbook along with cute stickers and/or captions to go with it!

She doesn't even let cold winter months stop her from taking pictures and creating fun. She had some of our clients bundled up to go shopping. On the way back, she and the clients spotted a frozen pond with several ducks, so they stopped to observe the ducks and took some pictures, too!

If you walk into Peggy's classroom, you'll feel right at home. It is the most homey room...decorated with clients' artwork, pictures they've taken and there's even a Zen fountain that works well with the calming blue color on the walls. Peggy is welcoming, loving and always strikes up a conversation with anyone. So if you're having a rough day and need to take a break, come visit our awesome Arts and Crafts class and meet Peggy Powell....she'll find something for you to do!

We are blessed to have Peggy on our team!

- Josh Sundquist, TLC Manager



Peggy and clients creating bird feeders and decorating flower pots!



A beautiful flower pot painted by Lloyd B, Peggy H and Vicki T in Peggy Powell's art class at TLC!



Culinary Class Highlights at Hikes Point

This month Hikes Point CFPD has stepped up its cooking program to include a culinary class. All clients are enjoying the cooking class (and eating what they cook). For nearly a year now, they have been blessed with donations of food twice a week from Gordon Food Service (GFS); which has been a boon to their health and wellness, and healthy choices classes.

Clients have learned different kitchen safety techniques like how to safely turn on and off the stove, efficiencies of using the microwave, kitchen maintenance and making sure their hands are clean before starting any kitchen task. The clients look up recipes for different meals, measure and put all items together in correct order; according to cookbook recipes.

Hikes Point held a chili luncheon for directors and staff which included corn bread, salad, no bake cookies and sugar free brownies. They are now in the seasonal mode of teaching clients the correct procedures in boiling eggs; to decorate for Easter. The client have asked to make a carrot cake and bunny cookies as well. If the clients could, they would choose to cook everyday, but there is just way too much going on in other classes. The clients will be making homemade pizza for their next hot lunch. Anyone is welcome to come by and see these wonderful chef's at work.

Special thanks to GFS and to Southeast Christian Church for the donation of cookware. Without their help, none of this would be possible! Come join us!

- Mickie Conrad, Hikes Point Manager



From top to bottom, Brian S, AJ B, David N (on left) and Curtis P (on right) enjoy a meal and drink prepared in the culinary class!

Sister & Brothers Art Exhibit Showcases Apple Patch Client Artwork!

Saddie Love, Art coordinator at APEX, recently mentored Shavon H to create a piece of artwork to be exhibited in the Sister & Brothers Art Exhibit running from April 1 through June 30 at The Weber Art Gallery, located at 1151 S. Fourth Street. The piece Saddie and Shavon created is called "Reflections of self."

Shavon H shared that she had a powerful learning experience while painting this piece. She said she 'saw it come to life' and how she felt it is so "beautiful!"

Shavon H also shared how she loves to learn new things in Saddie's Art class. Apple Patch is very honored to have DSP's like Saddie, who connect with and are true friends with the Clients we serve.

This art exhibit is part of the Sisters & Brothers Special Friends Gallery Showcase sponsored in part by the National Endowment



Shavon H on left and Saddie Love, APEX Art Coordinator on right, holding the art they created. It is on display at The Weber Art Gallery through June 30, 2011

of the Arts. You may learn more by visiting www.councilondd.org

- Charice Malone, Staff Development Coordinator

Save The Date

April 30 - Artist Signing to Benefit Apple Patch, Marcum's Gallery, 1413 Evergreen Road, Louisville, KY, 11 am - 3 pm. Please see page 9 of this newsletter for more information.

May 2 - Artist Signing to Benefit Apple Patch, Point Gallery, 9521 US 42, Prospect, KY 4:30 pm - 6 pm. Please see page 9 of this newsletter for more information.

May 1- Hat Exchange—10% of sales benefit Apple Patch. Please see page 9 of this newsletter for more information.

May 4 - The Great CFPD Boat Race, 1:30 pm at APEX. Come out and cheer for your favorite boat created by clients, and staff!

June 4 - Dave Ehrler Poker Run - Starts with registration at the Outback Steakhouse Springhurst (HWY 22 at I-265) beginning at 10am. A 100 mile scenic route finishes in Shelbyville. \$25 donation at registration gets you: Meal at the reception (provided by Outback Steakhouse), one poker hand, 1 commemorative t-shirt and 6th rocker patch. Please call 296-3003 or 718-1559 to register.

Committee members needed for the Otte Golf Classic and the Apple Patch 5 K run/walk, Marching with the Meteorologist, which are held in the fall. Contact Christine Vaughan, cvaughan@applepatch.org for more information.

Direct Support Professional (DSP) Education and Training

S.P.E.A.K.

The next S.P.E.A.K. lecture will be at 9 am on Tuesday, May 10 at the Council, 1151 South Fourth Street, Louisville, KY. The topic is 'End of Life:How it Affects the People We Support.' The end of life is a very scary and challenging time for anyone. For people with Intellectual and Developmental Disabilities, it is even more so. How can we help them through this process? This session will provide some examples and guidance that may help any direct support professional. The speaker is Larry Weishaar, Vice President for Customer Relation/Quality, ResCare, Inc. Reserve your spot by contacting Charice Malone by email, cmalone@applepatch.org or by phone, (502) 639-7068.

College of Direct Support (CDS)

Be a part of our credentialing program and/or consider taking one of many CDS courses available through the College of Direct Support. Each course is carefully designed to help our DSPs enhance and improve the level of care they offer our clients.

Please email Charice Malone, Staff Development Coordinator, at cmalone@applepatch.org, or call her at (502) 639-7068, if you would like more information or if you are interested in enrolling.

Mandatory Staff Training

All DSPs who are required to attend these training sessions will be contacted by Charlotte Games, Compliance Coordinator.

CPR Training: 10 am – 2pm, May 4 in the Annex Training Center.

VNS Training: 9 am – 4 pm, May 5 at the Apple Patch Chapel.

If, after receiving notification you are required to be in one of these training sessions, you are unable to be present, you MUST contact Charice at (502) 639-7068 immediately.

Mandatory Staff Meetings

All Residential Staff Meetings are MANDATORY. You MUST contact Melanie Jackson at mjackson@applepatch.org or by calling her at (502) 657-0103 if you have a legitimate reason you cannot make these meetings. They are at 2 pm in the Chapel on the following dates: June 9, August 11, October 13 and December 15.

DSP Advisory Council for 2011 - 2013 Announced

CFPD Members

Candace Grant
Zach Lafollette
Regan Menard
Noah Puckett
James Walker

Residential Members

Nita Beach
Pam Bramblett
Aricka Bruce
Norma Cornelius
Deni Hamilton
Tara King
Amy Marshall
Mattie Noble
Cyrene Wells
Congratulations to the selectees!



Warm Fuzzy

I would like to send a warm fuzzy to Peggy Powell and James Walker in TLC. Peggy and James keep everything rolling in TLC no matter what chaos the day brings!! They are friendly and inviting to anyone who visit, and somehow keep the place spotless. Peggy and James work extremely hard daily, and deserve recognition!!

I would like to send a warm fuzzy to all of our staff at APEX. Dot, Noah, David, Derek, Saddle, Candace, Chris, DJ, and Stephanie M. You guys rock my socks off each and everyday!! Some would consider it impossible to create such an organized, productive, and happy environment for all of the people we serve at APEX, but you guys keep it running smoothly every day. Thank you so much for all of your hard work!!

I would like to send a warm fuzzy to the day program's compliance department- Desiree Presley and Stephanie Nieman. Although Desiree and Stephanie work "behind the scenes" a lot times, their hard work and attention to detail is greatly appreciated!!

- Jennifer King, Assistant Director
CFPD

To Ken, James, Candace, Martin, John A, Natasha, Dana, Rachel and anyone I may have missed,

Thanks for picking up extra shifts, cleaning Central and your dedication to Apple Patch!

To Melissa, Bobbie Sue and Ashley,

Thanks for all your love and dedication to our clients at C3. You all give it you're best even on the

hardest days...and I know we have had plenty lately.

To John, Cyrene and Lee,

Thanks for taking such awesome care of our guys at C1...helping with appointments and going above and beyond!

To NuNo, Pam, Nita, DeeDee and Barb,

Thanks for loving our girls at C4 and all the home cooked meals... helping with appointments , etc.

And to Pam for making Pat's "special day" so important to her..

- Michelle, Residential Manager

A Warm and Fuzzy to Don Rae from Hikes Point. Thank you for all the help, from transporting our clients to mopping our floors! You are a good person and we all love you here. A Warm Fuzzy to Robbin. Thanks for all the help you give us here at Hikes Point. Staff and clients love having you around. I want to thank my staff Alea, Regan and Zac for all you do with our clients. They all love you and so do I! I want to thank Marleen for all the hard work she does every month on the newsletter. We all love and need you!

- Mickie Conrad, Hikes Point
Manager

I want to send a Warm Fuzzy to Charlotte Games. I know her job is extremely stressful, but she does it so well. Kudos to my girl!!!

Love ,

Melanie Jackson, Assistant
Director Residential Services

To Donna Ott - Thanks for all you do for me. You are a great friend and sister. You are very special in my heart. Tara King, thanks for all your good advice. You are a wonderful DSP and friend! Ken Wilson, thank you for teaching me so much. You are an inspiration to anyone who knows you. You have a very kind heart. You and Chris have taught me a lot about my self. To all the residents, thanks for making my dream come true. You are all the greatest!

- Dana Jeffries

A big warm fuzzy to the greatest co-workers ever. Josh and Peggy are such a necessity to TLC. They always go above and beyond to care for the people we serve. We are a great team and I don't know what I'd do without them. Another warm fuzzy to Ken and Alicia for being so flexible and willing to help out the day program. Another warm fuzzy to Karen for being so sweet and patient with the individuals she transports. Another warm fuzzy to our Directors. Bobby and Jennifer are awesome! They really care about the well being of their staff and clients.

- James Walker, TLC DSP

New Clients/Personnel/Change of Responsibility

New Clients

Erin F	Jenna M
Isa F	Katrina M
Jeffrey F	Jacob P
Erin G	Jonathon P
Raymond G	Tavon R
Daniel J	Gregory W
Danny K	

New CLS (Community Living Support) DSPs

Rebecca Hampton has more than 6 years experience individuals with disabilities.

Brittany Taylor has prior experience working with children with special needs and takes care of a family member with disabilities.

New CFPD DSP

Alicia Woods brings more than 10 years of experience working with adults with intellectual disabilities to her position at TLC.

New Residential DSPs

Lauren Butts has previous experience working in the service industry and she is studying speech therapy.

David Harney has more than 8 years experience working as a driver. This is his first experience working with individuals with disabilities.

Amanda Smith has more than 8 years experience caring for the elderly and individuals with intellectual disabilities.

Change of Responsibility

Jeff Smith joins the staff at APEX. He has previous experience working as a DSP in both the Community Living Support (CLS) and Residential departments.

Izzy Smith is a DSP who recently transferred to the residential department from the CLS department.

Human Resources Updates

Apple Patch Dress Code

As summer approaches, I want to take this opportunity to remind all employees of the Apple Patch Dress Code.

As representatives of the company, you create the image many people will have about Apple Patch. Check your appearance before reporting to work. You should use good judgment in determining your dress and appearance. A well groomed appearance and good body hygiene is important and gives confidence to your overall effectiveness. Staff is expected to exhibit a neat, well-groomed appearance. Radical departure from conventional dress

or personal grooming is not permitted.

Other prohibited items include (but are not limited to):

- short dresses or skirts
- short shorts
- tank tops
- men's sleeveless undershirts
- shirts exposing the stomach area, chest area or bra straps
- strapless shirts or dresses
- spaghetti straps

- see thru shirts
- shower thong-type footwear
- high heels (exceeding 2 inches)
- Large loop earrings
- Excessive perfumes and colognes

If a manager or director deems staff is in violation of the dress code, staff will be asked to go home and change. The time to do so is unpaid.

- Jim Zoeller, Director of Finance

Apple Patch invites you to
Artist Signings Featuring Early Times
2011 Derby Bottle Artist
Marita Walizer

Marita's sister Peggy is a resident at Apple Patch and lives
in one of our homes in Celebration Park. A portion of
the proceeds of print sales will benefit Apple Patch.

Marcum's Gallery

1413 Evergreen Road, Louisville 40223

Saturday, April 30, 2011 11am–3pm

Point Gallery

9521 US 42

Prospect-40059 502-228-4059

Monday, May 2, 2011 4:30pm–6:30pm

A percentage of sales will benefit Apple Patch

Prints available at both locations—also signing bottles—BYOB



“Derby Cheers”



The Great Hat Exchange

New & Consigned Hats & Accessories

Bring a hat to consign or donate...

Buy a hat for a new Derby look!

Local Hat Designers

Local Boutiques featuring...

Jewelry

Handbags

Accessories

**The Great Hat Exchange is a LLC with a seasonal business
Open for the Derby and Easter season.**

**The Exchange sells consigned and new hats and
accessories for Derby and Easter.**

**Apple Patch is selected to receive 10% of
sales on May 1st, 2011!**

**Hope to see our Apple Patch friends at the
Hat Exchange on Sunday, May 1!**

Located in St. Matthews Station next door to Saints...

Hours of operation: Mon - Sat 11 am - 8 pm & Sun 11 am - 6 pm

The APEX Greenhouse and TLC have plants for sale!!!

Money raised will buy much needed items!

All plants are only \$2 each

All have been raised with loving care by Apple Patch Clients

(that part is free!)

Cucumbers

Zucchini

Green beans (bush)

Tomatoes

Moonflower Plants

Wildflowers

Marigolds

Place your orders with Josh Sundquist, TLC Manager at jsundquist@applepatch.org

or Jeff - jott@applepatch.org - or Kerri - kmontgomery@applepatch.org

APEX Managers

Money is due when you pick up your plants!

Thanks in advance!

BK

APEX May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	MOW	River Bats Game	GFS	Hobby Lobby	Hiking	
8	9	10	11	12	13	14
	MOW	Henry's Ark	GFS	Library	Hiking	
15	16	17	18	19	20	21
	River Bats (11:05am)	YMCA	GFS	Library	Hiking	
22	23	24	25	26	27	28
	MOW	Library	GFS	Abby on the River	Abby on the River	
29	30	31				
	Abby on the River					

Warm Fuzzy

Hikes Point May. 2011

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1		2	3	4	5	6	7
		Bookstore Bowling	Baseball Game	GFS Swimming	Starbucks Park	GFS Dollar General Pet Store	
8	9	10	11	12	13	14	
	Wal-Mart Big Lots	Ice Cream (2)	GFS FBI TOUR	YMCA Library	GFS Walgreens Bowling		
15	16	17	18	19	20	21	
	Target Bowling	YMCA Library	GFS Swimming	Dollar Tree Pet Store	GFS Michael's		
22	23	24	25	26	27	28	
	Lunch at Park	YMCA Library	GFS Swimming	Abby Roads On the River	GFS K-Mart		
29	30	31					
	Bookstore Bowling	Studio Works Movies					

TLC Point May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Walmart	3 Michael's	4 M.O.W.	5 Target	6 Movies on-site after lunch	7
8	9 Dollar Tree	10 Pet store	11 M.O.W.	12 YMCA	13 Movies on-site after lunch	14
15	16 Park/weather pending	17 Movie theatre	18 M.O.W.	19 Bowling	20 Movies on-site after lunch	21
22	23 Goodwill	24 Louisville Science Center	25 M.O.W.	26 YMCA	27 Movies on-site after lunch	28
29	30 Park/weather pending	31 Library				



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Website: www.applepatch.org

Help us save our precious resources.
Have this newsletter e-mailed to your home or
work! Just share your e-mail address with
Marleen at general@applepatch.org

Apple Patch is a 501(C)3 non-profit organization dedicated to providing an array of support services for individuals with intellectual and developmental disabilities. We believe many individuals are capable of independent living, yet have never been given an opportunity to reach their highest potential. To help individuals reach this potential, Apple Patch offers its clients the support to make choices among residential options, employment opportunities, social and recreational activities and skills training to achieve the goals to which they aspire.

Check out next month's newsletter for pictures and updates about this year's Hat Affair, held on April 17!

A note from a family member:

What a marvelous occasion - we were so proud!

- Jane Rainey

At right and from left to right, Dusty E, Brittany R, at back Karen C and far right, Shavon H having fun at The Hat Affair, held on Sunday, April 17 at The Olmsted!

