

March 2011

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Apple Core

Annual S.P.E.A.K. Banquet

WHAT A NIGHT!!! More than 300 individuals representing agencies from all over the metro area gathered at the Hyatt downtown on March 8th to honor and celebrate the Direct Support Professionals that provide wonderful care to the folks we all support. The evening began with The Rock - I mean Apple Patch Executive Director Chris Stevenson - playing host and doing interviews on the red carpet. He looked sharp in his tux and did a fantastic job. After everyone found their seats they were treated to a wonderful video montage of touching photos of DSP's with the individuals they love and support. Rolling applause cascaded around the room and pictures appeared from the various agencies - great job by Beth Richardson in producing this display. A fine dinner was followed by the presentation of the Shooting Stars from each agency. This offers recognition to employees that have been with their agency for less than a year. Congrats to our Shooting Stars Amber Mills and James Walker. Next came the announcement of DSP of the year by a representative of each agency - very powerful to see so many agencies honoring individuals for their dedication. Chris took the stage - boom box in hand - to recognize the Apple Patch DSP's of the year. Trying to decide between these two individuals proved too difficult and David Beverly and Donna Ott were both chosen. David was



Left to right, James Walker, Shooting Star, Chris Stevenson, Executive Director, Donna Ott, DSP of the Year. Not pictured, David Beverly, DSP of the year.

unable to attend but Donna joyfully skipped to the stage. Had she known that Chris was going to sing to her she may have not been in such a hurry - just kidding. Apple Patch is blessed with wonderful and dedicated Direct Support Professionals and Donna was honored and humbled to be chosen from among her peers.

Apple Patch was well represented with 37 individuals in attendance - thanks to all who made it and all DSP's are encouraged to attend next year. This is a wonderful recognition and celebration of all you do and how appreciated you are - be a part of it.

- Joe Spoelker, Director of Development and Marketing

April Birthdays and Anniversaries

<u>Birthdays</u>		<u>Anniversaries</u>	
Thelma Smith	23rd		
Bonnie Gary	2nd	Stephanie Niemann	25th
Richmond Appau	5th	Izzy Smith	28th
Gina Satterly	5th		
Aimee Louden	6th		
Chris Presley	7th	Nikki Lovejoy	7 years
Rudi Graf	8th	Libby Blondin	5 years
Rachel Frost	10th	John Allgeier	4 years
Nikki Lovejoy	12th	Michael Parker	4 years
Karen Mason	14th	Candace Williams	2 years
Britney Houk	18th	Carla Arnold	1 year
Shameka Johnson	20th	Bonnie Gary	1 year
Ken Wilson	20th	Ted King	1 year
Melissa Garriott	23rd	Brian Boone	1 year



Red Apple Award

Alea Waters is an outstanding employee at Hikes Point. She works well with the clients and staff alike. She is willing to do anything that is asked of her. She loves the clients and it shows when she is with them. She is writing great syllabi's every month and the clients love her lessons. She always has a smile on her face and if you know Alea you know she loves to say SWEET!!! Keep up the good work.

- Mickie Conrad, Hikes Point Manager

Dot Miller who is the Library/ Charge DSP at the APEX is a senior DSP and a great mentor for our newer DSP's. Dot has an energy unmatched when it comes to teaching the clients as well as making sure that they are the first priority when it comes to her job. Whenever the managers leave for a meeting or need her to step in she is always willing to take the reins without hesitation and there is never a doubt that the APEX is in good hands. On any given day you will find her teaching sign language, vocabulary, letter identification, current events, and/or working on individual reading goals and levels. She brings great knowledge and a strong presence to whatever task is at hand.

- Jeff Ott, APEX Manager

Congratulations

Alea Waters

Red Apple Award Winner

for March

TLC Activities Aboard

The month of February was filled with the delicious smells of food being prepared in the kitchen by clients and staff. Healthy foods to support heart health were discussed and prepared. This theme of good eating will continue into March, as March is National Nutrition Month!

There was also the anticipation of Krista's new baby boy. On March 5, little Elijah arrived weighing 7 pounds, 8 ounces. Krista brought Elijah by the TLC on March 14 for a visit. Everyone enjoyed seeing them! Congratulations Krista and Justin!

Several pets spent time in the TLC great room, this month. Clients always enjoy being around our furry and cuddly friends. Our own IT manager, Pat, paid a visit with his pooch, Pookie. Pookie has paid a visit to the TLC several times in the past, so clients know Pookie by name! There was an unexpected visit by Bama, the little Australian Sheppard belonging to Christine Vaughan's cousin. What an amazing gray and white ball of fur!

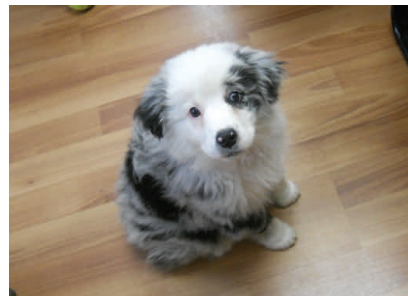
The education class continues to enjoy using the Promethean White Board to learn about history, music and current events, while Ken and Chris are going on a lot of outings. Like everyone else, they are looking forward to spring!

Art class participants busied themselves with creating the whimsical centerpieces for display on the Apple Patch Tables at the S.P.E.A.K banquet. TLC, Hikes Point and APEX each made four centerpieces that perfectly highlighted the theme of the evenings' event, 'Hollywood, a Night with DSP Stars!'

At right, centerpieces created by the Art Class at Hikes Point!



Pookie!



Baby Bama!



Pat, Pookie and James.



There was also the anticipation of Krista's new baby boy being born. On March 5, little Elijah arrived weighing in at 7 pounds, 8 ounces.



APEX on the Air and Vocals in the Air!

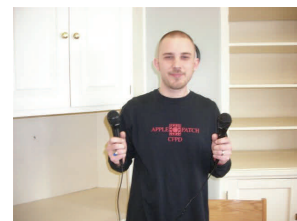
In the month of February we have seen the choir begin again and we have started our very own radio station WAPL-The Patch. Overseeing both of these programs is David Beverly (Tech DSP). Every Friday a client will interview staff, peers, etc. over the radio and APEX participants will listen to the interview over the radio in the main house. David and APEX clients have interviewed Chris Stevenson and Bobby King and more interviews are being scheduled weekly. The radio station airs interviews beginning at 10 am each Friday. There has been so much buzz about who will be on the radio next, most clients are excited and actively seeking out their friends and family to be on the air! Everyone is welcome to come out and listen to the show on any given Friday. Just be careful. . . . if you visit, you might just find yourself on the air!

Clients are very happy to have the opportunity to gather for choir practice again. David was in his school choir, so he has been able to share his knowledge of the techniques and organization needed to begin building up a group of vocalists. Every Friday afternoon beginning at 1 pm you can find the Apple Patch Choir in the technology room performing vocal exercises, learning about pitch, selecting songs to sing, and practicing those songs chosen. They are looking forward to sharing their music with others, so a schedule of their performances will be distributed soon.



David Beverly, left, helping Michael J, right, interview Bobby King, center, on the Friday morning WAPL-The Patch radio show!

There has been so much buzz about who will be on the radio next, most clients are excited and actively seeking out their friends and family to be on the air!



David Beverly preparing for WAPL-The Patch Radio.

Dancing to Fitness at Hikes Point

Do you remember 'The Hustle', 'The Bump' or 'The Bus Stop?' They were dances from the 70's.

What about 'The Robot', 'The Moonwalk' or 'The Thriller?' They were dances from the 80's

And last but not least do you remember 'The Tootsie Roll' or 'The Macarena?' They were dances from the 90's.

What do all these dances and Hikes Point Apple Patch have in common? Well let me tell you.

During the month of February our Wellness DSP, Regan Menard, taught these dances to our clients. In doing so, she combined exercise and fun together. Our client and staff enjoyed this activity so much, they continue to dance for exercise at least two times a week. Each client has their favorite dance and once we get started, it's amazing how much energy you use while you are dancing.

Regan has done a wonderful job with the Wellness class. She also blends our Culinary class with our Wellness class to teach the clients healthy portions, how to read labels and how to choose the better snack vs. the unhealthy snacks.

Regan has been a great addition to Apple Patch and Hikes Point. All the clients seem to really like her and she always has a smile on her face. We are going to see great things coming from her classrooms. Keep up the good work!!!

- Mickie Conrad, Hikes Point Manager



*Do you remember
'The Hustle',
'The Bump' or
'The Bus Stop?'*

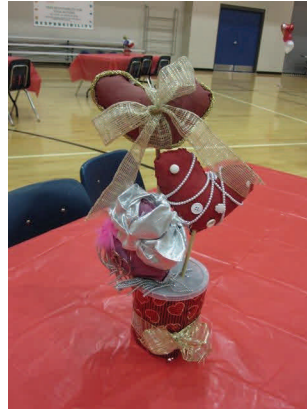


Regan and Micah dancing 'The Hustle'

Valentine's Dance At Berrytown YMCA

The annual Valentine's Dance saw more than 100 guests gathering at the Berrytown YMCA for an evening filled with music, socializing and feasting.

Many thanks to the ladies at Rose Haven (for creating and donating the beautiful table centerpieces), the Berrytown YMCA, the CFPD staff, managers and their spouses, Joe Spoelker, Bonnie Gary, Hikes Point, APEX and TLC culinary departments, (for providing the wonderful food trays, desserts, and drinks), Vicky Schweickhardt and Christine Vaughan. It was an evening all clients looked forward to attending and no one left disappointed.



The King and Queen of the Dance! Vicki T and Jerry E!

Making Their Future More Secure Workshop

An interesting presentation on Financial Planning, Guardianship Issues and Special Needs Trusts was held on March 3rd in the Chapel. A nice crowd attended and heard informative presentations from Dennis Johnson - Financial Planner and Attorney Richard Bush. Dennis and Richard presented basic information on a variety of topics that is in-

tended to help families identify the areas that need attention and begin the process of addressing those needs. While additional discussions with Dennis and Richard, or other professionals trained in these areas are needed, all in attendance agreed that the evening was very informative and will help them as they plan for the financial future of their loved

ones with intellectual disabilities. If you do not have guardianship and financial plans in place, we strongly urge you to contact our office or other resources to begin this process. Thanks to all whom attended and to Dennis and Richard for their time and expertise.

- Joe Spoelker, Director of Development and Marketing



High Quality Apple Patch Logo Window decals on sale for \$3! Pick yours up at the Admin offices!

Direct Support Professional (DSP) Education and Training

S.P.E.A.K.

The next S.P.E.A.K. lecture will be at 9 am on Tuesday, April 12 at the Council, 1151 South Fourth Street, Louisville, KY. The topic is 'Avoiding Burnout through Personal Energy Management.' We may not have control over daily demands and stressors, but we do have control over our personal response to these demands. The speaker will be Beth Richardson, M.Ed., Director of Training and Leadership with The Council. Reserve your spot by contacting Charice Malone by email, cmalone@applepatch.org or by phone, (502) 639-7068.

Community Awareness Training

Thanks to all DSPs that attended the Community Awareness Training given by Lisa Arvin, a licensed dietician from the Oldham County Health Department. Lisa is volunteering her time to Apple Patch to offer additional health and awareness training. We are grateful for Lisa's presence and for her teachings. We were happy to have Regan Menard, Culinary DSP-Hikes Point, James Walker, DSP-TLC, and Noah Puckett, Culinary DSP-APEX attend. I thank those DSPs that bought clients with them and shared useful tips for creating healthy menus. Shavon H won a prize for correctly answering a question, Candace S offered healthy eating suggestions, and John R, Pat R and Peggy H enjoyed the class.

See you at Phase 2 from 1:30 pm to 3 pm on Wednesday, April 27 at the Chapel.

College of Direct Support (CDS)

Be a part of our credentialing program and/or consider taking one of many CDS courses available through the College of Direct Support. Each course is carefully designed to help our DSPs enhance and improve the level of care they offer our clients.

Please email Charice Malone, Staff Development Coordinator, at cmalone@applepatch.org, or call her at (502) 639-7068, if you would like more information or if you are interested in enrolling.

Mandatory Staff Meetings

All Residential Staff Meetings are MANDATORY. You MUST contact Melanie Jackson at mjackson@applepatch.org or by calling her at (502) 657-0103 if you have a legitimate reason you cannot make these meetings. They are at 2 pm in the Chapel on the following dates: April 14, June 9, August 11, October 13 and December 15.



Warm Fuzzy

I would like to welcome our new driver, Sherri Rumsey. She is a wonderful, patient woman; a mother of 6 and has a large amount of transportation experience in other states. Welcome Sherry!

- Allison Lee, Director of Transportation

I send a warm fuzzy to the everyone who has been working at the Gardens home. This especially goes out to Susan Catron and Jamie Hester. There have been health issues with clients there. Over the past few months everyone has been great with handling all these issues. I know the clients appreciate all the extra care and we all appreciate all the help and kindness through this difficult time.

- Tim Sullivan, Residential Manager

I would like to send a warm thank you to all CFPD staff for keeping clients active and involved in all educational classes offered by the CFPD. Your energy and motivation is what makes the Apple Patch Centers for Personal Development what it is today... AWESOME! Thanks to each of you. I would like to send a warm fuzzy out to David Beverly for his

Friday morning broadcasts at APEX on WAPL radio. "Where he gets to the CORE for his listeners!" I would like to thank Marleen Bailie for all of her hard work and dedication to Apple Patch in general. She is a definite cornerstone in our foundation. You are very appreciated for everything you do! A HUGE WARM FUZZY to Hikes Point staff, Michelle, Alea, Regan, and Zack for doing a great job in Jefferson County! Rock ON Hikes Point! I would like to send a warm thank you to Jennifer King for taking care of everything in the CFPD while I was out with my illness. Thanks, Jennifer, you're the greatest!!

- Bobby King, Director CFPD

I would like to send a warm and fuzzy out to the DSP Council for their sympathy card that they sent to me.

- Mattie Noble, DSP

A warm fuzzy to all staff for making my first 3 months at Apple Patch wonderful. I could not have asked to work with better people or for a better place. Thank you all.

- Christine Vaughan, Annual Giving Manager

A special warm and fuzzy to my wonderful staff that spent one day cleaning the attic at the main building. Residential, special events and accounting can now locate archived files and special events items without having to blaze a trail through dis-organized boxes and bags of discarded items and stored records. THANKS LADIES! (and thanks to the maintenance staff that had to remove the junk!)

- Jim Zoeller, Director of Finance

I just want to thank my staff (Zac Lafollette, Regan Menard, and Alea Waters) at Hikes Point for making our days here great! The clients love you and always seem to have fun while learning. You all make my job easier and I appreciate all you do for me and our clients. We make a great team and Apple Patch family. Keep up the good work!

- Mickie Conrad, Hikes Point Manager

Save The Date

April 17 - Hat Affair at the Olmsted. Tickets are \$65 each. Wine Bin Raffle to win \$1000 of a variety of wine is \$20 per ticket or 6 tickets for \$100. Please contact Christine Vaughn for more information at cvaughan@applepatch.org

June 4 - Dave Ehrler Poker Run - Starts with registration at the Outback Steakhouse Springhurst (HWY 22 at I-265) beginning at 10am. A 100 mile scenic route finishes in Shelbyville. \$25 donation at registration gets you: Meal at the reception (provided by Outback Steakhouse), one poker hand, 1 commemorative t-shirt and 6th rocker patch. Please call 296-3003 or 718-1559 to register.

Committee members needed for the Otte Golf Classic and the Apple Patch 5 K run/walk, Marching with the Meteorologist, which are held in the fall. Contact Christine Vaughan, cvaughan@applepatch.org for more information.

New Clients/Personnel/Change of Responsibility

New Clients

Joseph B	Jason C
Mike H	Adam K
Benjamin M	Quintez M
Melanie R	Triniti T

New CLS (Community Living Support) DSP

Elizabeth Manning has more than four years experience working with the elderly and she is studying to become a LPN.

Rebecca Smith has more than eight years experience as a direct care professional and she studying to become a LPN.

New Residential DSP

Amy Mardis earned a bachelor's degree in communications and religious education from Campbellsville University. She has previous experience supervising 15 teenage girls in a residential setting.

Lorraine Smith has previous experience working in a mental rehabilitation facility.

New Driver

Sherri Rumsey has more than 20 years experience working in the service industry and most recently, working with children with special needs.

Housekeeping

Barbara Snoddy is keeping our Administrative Offices, Annex and Chapel tidy and in tip-top shape. Our floors are so SHINEY!

Human Resources Updates

Employee Injury Reporting - Second Announcement!

ALL EMPLOYEES involved in a worker's comp issue MUST COMPLETE the KESA Notice of Injury Report PRIOR to going to seek medical attention. If medical attention is of an emergency nature, the form MUST be completed ASAP. Failure to follow this procedure will result in Worker's Comp being denied and you being responsible for paying all medical bills.

Any questions...see Jim Zoeller

- Jim Zoeller, Director of Finance

New Dentists Located in North-East Louisville Accepting CompDent Insurance

Dr. Arlene Baluyut and Dr. Jill Luckett are two dentists who are conveniently located near Crestwood, Kentucky and are currently accepting CompDent Insurance.

Dr. Baluyut's office is located at 4642 Chamberlain Lane, Suite 252 and the office phone number is (502) 326-3191. The facility ID# is 209818.

Dr. Luckett's office is located at 3588 Springhurst Blvd and the office phone number is (502) 339-4500. The facility ID# is 209818.

If you decide you would like to change dental providers, you must contact CompDent at 1-800-633-1262 and provide the facility ID# to be 'assigned' to a new dental office. This can take up to four weeks, so plan accordingly.

Anthem Updates

Members will no longer receive a paper explanation of benefits form (EOB) in the mail if they have *zero liability*. This process was initiated in June 2010 and was completed in November.

You may access your EOBs by logging into the Anthem.com website and selecting Plans & Benefits. If members have any issues accessing their EOBs via the website, they can contact Customer Service using the phone number listed on the ID card.

Members who do receive EOBs may *choose to go paperless* by logging into the Anthem website, click on 'profile' and then select 'go paperless.'

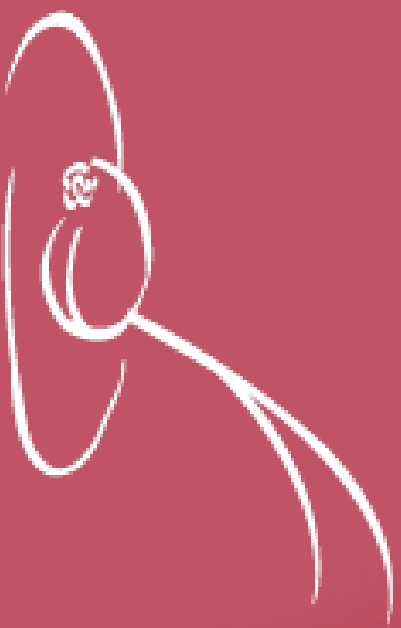
APPLE PATCH

Providing an Array of Support Services
for Individuals with Intellectual and
Developmental Disabilities.



Apple Patch Community • 2408 Hwy. 329 • Chestwood, NY 14014
phone: 518.657.0103 • fax: 518.657.0107 • www.applepatch.org

APPLE  PATCH



HAT AFFAIR

APRIL 17, 2011





SPONSORED BY:
Kindred
Healthcare



PRESENTED BY:

CLOTHING BY:
Gues of
Cardie

SHOW CHOREOGRAPHER:

Ashley Buck
Costs

SPECIAL THANKS TO:

Joe McWilliams
Audience!

EMCEES:

Angie Fenton
The Vow Tribe
Keri Schellie
Apple Patch Board Member



Please join us for the Apple Patch

HAT AFFAIR

SUNDAY APRIL 17, 2011

5:30 to 8:30 PM

THE OLMSTED

3701 Frankford Avenue



THE EVENING'S EVENTS:

Dinner

Silent Auction

Derby Style Show

Plus enter a variety of raffles for prizes ranging
from the grand, to the dream
Prizes are designed just by Debra!

Live Auction

View auction items online at www.applepatch.org
as well as our facebook page



Name

Name of Organization/Business

Address

City

State

Zip

Daytime Telephone

Reserve _____ seats for me at \$65 per person.
(Includes 2 drink tickets)

I am a vegetarian

TABLE SPONSOR

Reserve _____ table(s) of 10 for me at \$750.
(includes table signage and program listing)

I will not be able to attend but would like to make
a donation of \$ _____ to Apple Patch.

American Express Mastercard Visa Exp. Date

Account Number

Account Name

Make checks payable to:

Apple Patch
7408 Hwy 329
Crestwood, KY 40014

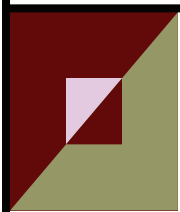
R.S.V.P. by April 8th

Thank you for your support!

APEX April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Hiking	2
3	4 MOW YMCA	5 Library Trader Bakers	6 GFS Hobby Lobby	7 COSCO YMCA	8 Hiking	9
10	11 MOW Bowling	12 Library Pet Store	13 GFS Wal-Mart	14 YMCA Science Center	15 Hiking	16
17	18 MOW YMCA	19 Library 1/2 price books	20 GFS Dollar Tree	21 YMCA OC History	22 Hiking	23
24	25 MOW YMCA	26 Library Movies	27 GFS Target	28 YMCA Library	29 Hiking	30

Hikes Point April, 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 GFS April's Fool Meal	2
3	4 Bookstore Bowling	5 YMCA Library	6 GFS Swimming	7 Humane Society Goodwill	8 GFS Dollar General Pet Store	9
10	11 Wal-Mart Big Lots	12 YMCA Library	13 GFS Swimming	14 Humane Society Ice Cream	15 GFS Walgreens Bowling	16
17	18 Target Bowling	19 YMCA Library	20 GFS Swimming	21 Humane Society Dollar Tree	22 GFS Louisville Science Center	23
24	25 Lunch at The Park	26 YMCA Starbucks	27 GFS Swimming	28 Humane Society Library	29 GFS K-Mart Bowling	30

TLC Point April 2011

Sun **Mon** **Tue** **Wed** **Thu** **Fri** **Sat**

<p>Note: Outings are subject to change depending on clients' interest. Clients can request</p>					<p>1 Movies On-site at 1pm</p>	<p>2</p>
<p>3</p>	<p>4 Wal-Mart</p>	<p>5 Pet Stores</p>	<p>6 Meals on Wheels</p>	<p>7 Park (weather pending)</p>	<p>8 Movies On-site at 1pm</p>	<p>9</p>
<p>10</p>	<p>11 Goodwill</p>	<p>12 Ice cream</p>	<p>13 Meals on Wheels</p>	<p>14 YMCA Swimming Club</p>	<p>15 Movies On-site at 1pm</p>	<p>16</p>
<p>17</p>	<p>18 Bookstores</p>	<p>19 Louisville Science Center</p>	<p>20 Meals on Wheels</p>	<p>21 Park (weather pending)</p>	<p>22 Movies On-site at 1pm</p>	<p>23</p>
<p>24</p>	<p>25 Library</p>	<p>26 Park (weather pending)</p>	<p>27 Meals on Wheels</p>	<p>28 Bowling at Ten Pins</p>	<p>29 Movies On-site at 1pm</p>	<p>30</p>



7408 HWY 329
Crestwood, KY 40014
Phone: 502.657.0103
Fax: 502.657.0107
Website: www.applepatch.org

Help us save our precious resources. Have this newsletter e-mailed to your home or work! Just share your e-mail address with Marleen at general@applepatch.org

Apple Patch is a 501(C)3 non-profit organization dedicated to providing an array of support services for individuals with intellectual and developmental disabilities. We believe many individuals are capable of independent living, yet have never been given an opportunity to reach their highest potential. To help individuals reach this potential, Apple Patch offers its clients the support to make choices among residential options, employment opportunities, social and recreational activities and skills training to achieve the goals to which they aspire.

Having a 'Dish' with Chris!

As Apple Patch continues to grow, I have found it increasingly difficult to stay connected with clients and staff on a regular basis. I recently made a belated New Year's resolution to make time to sit down with our clients and staff each week through routine dinners and lunches. Each Thursday evening, beginning at 5 pm, I have dinner at a different Apple Patch home (sometimes the staff and clients from two houses gather together) to enjoy dinner and relax over coffee with some good conversation. The clients usually tell me the latest gossip and the staff ask me about the goings-on of Apple Patch. I have had dinner with six homes so far and I am enjoying getting to know our clients even better than I imagined. The staff and I swap stories and learn about each others hob-

bies, kids, etc. I am certain to gain an additional 20 pounds from the wonderful dinners and dessert the staff and clients have spoiled me with....it really is a fun time!

Shown here are a few pictures from my dinners over the last several weeks. I am getting ready to start my Friday lunch tour with our three day programs and will share those photos with you next month. If you would like to join me on Thursday evenings or on Friday afternoons to experience the joy that our clients bring, please call me at 657-0103 or email me at cstevenson@applepatch.org

Take care....

- Chris



C-4: Left to right front, Becky, Vicki, Pat. At back, left to right, Chris Stevenson, DSP Nuno Abek.



C-3: Left to right front, David, Lynn, Chris Stevenson, Peggy. At back, DSP Melissa Tidwell

'I recently made a belated New Year's resolution to make time to sit down with our clients and staff each week through routine dinners and lunches.'



Linde House: Left to right Russell, Michael, Chris Stevenson, Tony and seated, DSP Donna Ott.