

October 2011

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Apple Core

DSP Mentor Appreciation

DSP Mentees were recognized at an appreciation meeting held in the chapel last month. As Charice Malone shared, "We wanted to honor the mentees at their sixth month of employment and to celebrate the support they received from their mentors."

All mentees are very committed to their job at Apple Patch and each one is working toward earning a DSP Registered Certification. We are very proud of them!

Each mentee received a personalized name tag, a goodie bag filled with treats and a certificate of completion presented to them by their mentor.

One of the meeting's highlights was a poem written and read by John Allgeier. You may read his poem on page 10 of this newsletter.



The Mentors, left to right: Brenda Coffey, Nita Beach, Stephanie King, Mattie Noble, John Allgeier, Martin Akwari, Alicia Woods and Charice Malone, Staff Development Coordinator.



The Mentees, left to right: Izzy Smith, Nuno Abek, Geraldine Pierce, Tammy Smith, Michelle Quire, Emily Overstreet, Lauren Butts and Stephanie Ellis.



The refreshment table!

November Birthdays and Anniversaries

Birthdays

Donna Ott	11/03
Amy Mardis	11/09
Melissa Tidwell	11/09
Tammy Smith	11/10
Julie Huddleston	11/16
Melissa Lowden	11/26
Brittany Taylor	11/26
Stephanie Hayden	11/27
John Allgeier	11/28
Carla Smith	11/28
Gary Boone	11/30

Anniversaries

Nuno Abek	1 year
Rachel Frost	1 year
Brittany Houk	1 year
Christine Vaughan	1 years
Cynthia Booth	3 years
DJ Deimling	3 years
Aimee Louden	4 years
Megan Lyons	4 years
Sheila Turner	4 years
Doris Miller	7 years



Golden Apple Award

Choosing the Golden Apple Award winner is a very difficult decision made by Apple Patch Directors each year. This year is no different from years past, where Directors have a list of exceptional DSPs from which to consider and from which only one DSP may be chosen. Even so, a big congratulations goes out to each Red Apple Winner with a resounding cheer of 'well done'. We are very proud of you and the work you do on behalf of our clients!

This year, the Golden Apple Award will be presented to one of the following Red Apple Recipients for 2010-2011:

Nita Beach (Residential)

Pam Bramblett (Residential)

Charlotte Games (Residential)

Candace Grant (CFPD)

Zac LaFollette (CFPD)

Charice Malone (Residential)

Stephanie McClure (CFPD)

Desiree Presley (CFPD)

Carla Smith (Transportation)

Izzy Smith (Residential)

Cyrene Wells (Residential)

The Golden Apple Award will be presented at the staff appreciation dinner, to be held in the near future. More details will be shared soon!

APEX Updates

Apex continues to grow in size with more clients and additional staff. Four new clients are scheduled to start in October. Because of continued growth, the APEX Managers have relocated their offices upstairs with the data department. This will make room for a new class, "Personal Growth." It will concentrate on personal hygiene, daily appearance, friendships, appropriate and inappropriate touch, exploitation, and abuse and it will begin in late October.

Mary Allen, APEX Manager has been an outstanding asset at APEX for both clients and staff. Her expertise in case management and residential management has made her first few months an easy transition into the role of APEX manager. Apple Patch is proud to have individuals like Mary on board; we wish her many happy years of service at Apple Patch as she continues to amaze us with her managerial skills.

- Bobby King - Director, CFPD

Venturing Club Boy Scouts of America (BSA)

Apple Patch is now a part of The Venturing Club through the Boy Scouts of America. It is an outstanding opportunity for adults with intellectual and other developmental disabilities to be more active in their communities.

Venturing provides positive experiences to help prepare individuals to become responsible, independent and caring adults. Venturing provides the skills needed to make ethical choices, to handle challenges and to acquire leadership skills. Participants can expect to advance their skill and knowledge in the areas of high adventure, sports, arts, and hobbies.

As part of this program, twenty (20) individuals have already taken

a Taylorsville Lake Boat Tour and others are anxiously awaiting their turn.

Approximately twelve clients have joined the Venturing Club and six staff are serving as officers. This is a meaningful opportunity for all involved to add a broader range of experience in leadership, vocations, and hobbies.

- Bobby King, Director CFPD



The first outing of the Venturing Club! A boat ride on Taylorsville Lake!

Annual Yard Sale Breaks Sales Record!

The Annual CFPD Yard Sale (Oldham County's largest yard sale benefiting individuals with intellectual and other developmental disabilities) has once again broken a record by raising a total of \$2,253. All proceeds will be equally divided between the day programs to help purchase much needed items the yearly budgets would not normally allow.



Delicious aromas and delicious BBQ from the "Smoke Doctors"!

Our special guest this year was "The Smoke Doctors" BBQ Company. The Smoke Doctors provided the crowd with delicious BBQ pork and beef brisket that smelled almost as good as it tasted. They have asked to be a permanent part of the annual yard sale for years to come. A special thanks goes out to these wonderful men who volunteered their time to make our event such a success. In the future, this HUGE event will take place the first Saturday in August (Brownsboro Days Weekend).

A special thanks to all CFPD managers, families, friends, volunteers and directors who helped make this event possible. A extra big thank you to everyone who donated items, too!

- Bobby King, Director CFPD

TLC Instructional Focus

TLC likes to maintain a consistent structured outing calendar for TLC participants because it is helpful for individuals with autism and early onset dementia to remember which events take place on certain days. This is because to them, change can be scary. We do offer "special" outings that change based on individual moods, preferences/interests, and/or goals of the participants which cannot always be planned. These outings may not seem extraordinary, but to these individuals it is a big success to have them all out together enjoying themselves.

All TLC staff are working toward maximizing their knowledge of dementia and autism so they may provide the best possible treatment to clients. The staff is increasing the focus on communication strategies, teaching strategies, and behavior support along with finding activities to enjoy based on the individualized needs of each client served.

Staff members have received special training on dementia and autism by the Apple Patch Training Coordinator, CFPD director and the TLC manager.



Maggie gives Jerry a kiss!

Maggie Visits TLC!

The clients and staff at the TLC are very happy to be visited by a number of different pet owners who share their kindness and time through the Pets with Pals Program.

Recently, Maggie, a pup with a big personality and love of people visited the TLC with her owner, Jessie Kobb. It was great fun seeing the clients interact with Maggie. Maggie especially enjoyed being held and cuddled by clients!



Hikes Point Updates

Hikes Point is encouraging its participants to teach each other in class. Each client picks a topic they enjoy and then acts as the instructor for the day in that particular class. This exercise helps the client to build confidence in public speaking and builds self esteem when their independence as an individual is called upon in real life settings i.e. job interviews and other professional settings.

All clients participated in making a collage of the Apple Patch Logo and entered it in the Kentucky State Fair. The collage was made from dyed rice and glue. Although it did not win at ribbon at the fair, it was a big hit with all of Apple Patch and we are grateful for the client's hard work on this project.

Zac LaFollette - Hikes Point DSP



Apple Patch Logo collage made from paper, colored rice and glue and entered in the State Fair Art Show.

Marching with the Meteorologists!

On Saturday September 24 Apple Patch held its annual Marching with the Meteorologists 5k Run and 1 Mile walk. With board member and former meteorologist Ken Schulz leading the way, the event got started at 8:30 a.m. Ben Pine, Jay Cardosi and Kevin Harned came out to support Apple Patch and walk the mile.

Weather was not our friend that day, but we still had more than 130 people show up and brave the conditions for a great cause. Apple Patch was also blessed to have a wonderful group of volunteers help with several jobs. A BIG thank you to all who came out that day and helped to support Apple Patch.

Our overall female winner was Tracy Harris. Tracy ran the race with a time of 21:36. The overall Male winner was Mike Akabarger with a time of 18:36. This race was also the last leg of the Oldham County Grand Slam so we crowned the winners. The top two cumulative finishers of all four races received a custom made Louisville Slugger. The overall male grand slam winner was Don Write with a total time of 1:14:00 and the overall female winner was Jackie Smith with a time of 1:33:59. They both came out to all four races and wowed the crowd with their speedy feet.

A wonderful time was had by all. Come out and join us next year on September 22.

- Christine Vaughan, Annual Giving Manager



This year's Marching with the Meteorologists Apple Patch Awards

Direct Support Professional (DSP) Education and Training

S.P.E.A.K.

S.P.E.A.K. will hold its next lecture from 9:30 a.m. to 12:30 p.m. on Thursday, November 10 at The Council, 1151 South Fourth Street in Louisville.

This month's topic is *Keys to Avoiding Power Struggles: Maintaining an Adult-to-Adult Relationship with those you Support*. This training will give examples of how DSPs might maintain an a relationship as to reduce power struggles. Please email Charice Malone, Staff Development Coordinator, at cmalone@applepatch.org, or call her at (502) 639-7068, if you would like more information or if you are interested in enrolling.



Mandatory Staff Meeting

All Residential Staff Meetings are MANDATORY. You MUST contact Melanie Jackson at mjackson@applepatch.org or by calling her at (502) 657-0103 if you have a legitimate reason you cannot make these meetings. They are at 2 p.m. in the Chapel on the following date: December 15.

DSP Mentors Recognized

Congratulations to all the Mentees and a big thank you to all the Mentors !

John Allgeier mentored Chris Egbert, and Amanda Smith

Nita Beach mentored Nuno Abek, Emily Overstreet and Geraldine Pearce.

Brenda Coffey mentored Stephanie Ellis.

Aimee Loudon mentored Helen Roberts.

Deni Hamilton mentored Michael Broyles and Lauren Butts.

Kristen Simonson mentored Amy Mardis.

Mattie Noble mentored Regan Menard.

Martin Akwari mentored Izzy Smith

Stephanie McClure mentored Jeff Smith.

Alecia Woods mentored Michelle Quire.

Shelia Turner mentored Tammy Smith.

New Clients/Personnel/Change of Responsibility

CLS DSP

Clarence Young earned a bachelor's degree from Murray State College in Organizational Communication and Youth Agency Administration and he has previous experience managing programs for non-profit agencies.

Residential DSPs

Whitney Gowen holds an associate degree in Psychology and working toward earning her bachelor's degree from IUS. She has more than 3 years direct care experience.

Melissa Lowden has more than six years experience working with individuals with developmental disabilities.

Jennifer Johnson has more than one year experience working with adults with intellectual disabilities.

Deborah Powell has previous experience as a teacher and housekeeper. This is her first experience working with individuals with disabilities.

Drivers

Jackie Kirby joins the transportation department. This is her first experience working with individuals with disabilities.

Save The Date

Thanksgiving is Thursday, November 24. All day programs are closed on the 24th and the 25th.

Warm Fuzzy

Three new babies of Apple Patch staff arrived in the past few months. To celebrate their arrival, a baby shower was given at APEX for Saddle Love and DJ Deimling, David Beverly and Jeff Ott. Here is a picture of the clients at the celebration!

A big welcome goes out to baby Abbie Lou Deimling, baby Kadence Marie Beverly and baby Elijah Shawn Ott!

I would like to send a warm fuzzy to Izzy at Irish Moss. Izzy went above and beyond to help in any way she could during my weekend at work with my hand injury. She is truly appreciated for all she did to make my weekend an easy one!

Thanks!

- Kristin Simonson, DSP

I would like to send out a warm fuzzy to all the DSPs that do a great job for our clients. Please keep up all the good work.

The second warm fuzzy goes to Nita, Donna, Bobby, Pam and Maggie for sharing wonderful meals with me during my second shift rounds. Thank u all bunches.

- Mattie Noble, Residential Supervisor, 2nd shift

Warm fuzzy to Charice Malone and all staff members who made the Mentor appreciation meeting such a success. There were many memorable moments, but one stood out: this poem written by and read out loud by John Allgeier.

Congratulations to you all for coming this far, for reaching out and learning and becoming a shining star.

Continue to learn and do your job well. By doing all of this you will never fail.

Reaching out to our clients is like reaching heights real high. You want to keep reaching until you touch the sky.

You might help our clients cook or with other things they need. Or maybe with mathematical skills or even how to read.

By doing al of this, my faith is with all of you. I'm sending out my heart to you very few.

If this job becomes overwhelming and if it brings you down. Just always remember that your mentors are al ways around.

So with this final note, I hope you all succeed. Because it's DSPs like you that we really need!

Thank you, John!

James walker has just started as the new manager in TLC and is doing an awesome job. I wanted to reach out and say thanks. The other night I had to leave for a speaking engagement and we were still having insight issues. James offered to stay until insight had left. He rocks!

- Pat McGlinchey, IT and Procurement Manager

Thank you to David Beverly for willingly stepping up and filling in as temporary Arts and Crafts DSP.

Desiree Presley and Stephanie Neiman thank you so much for keeping data up to date and documentation systems functioning smoothly. Your assistance in the day to day operation and well as the long term oversight keeps us on target.

Thank you!

- Mary Allen, APEX Manager



Clients enjoyed attending a baby shower for three new babies born to staff at Apple Patch.

APEX November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Oldham History Belvedere	2 GSF Michaels	3 Pet smart Bowling	4 Hiking club	5
6	7 MOW YMCA	8 Library Mellwood Art Center	9 GFS Dollar Tree	10 Fire Station Bass Pro Shop	11 Hiking Club	12
13	14 MOW YMCA	15 Science Center Radio Station	16 GFS Shopping Main Street LaGrange	17 Science Center Bowling	18 Hiking Club	19
20	21 MOW YMCA	22 Library Glass Works	23 GFS Wal-Mart	24 Thanksgiving Closed	25 Closed	26
27	28 MOW YMCA	29 The Great Escape Laser Blaze Adrian & Co Bakery	30 GFS Costco			

Hikes Point November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 YMCA Library	2 GFS	3 1/2 Price Books Michael's	4 GFS Walgreens Bowling	5
6	7 Dollar Tree Bowling	8 Good Will (2)	9 GFS	10 YMCA Library	11 GFS Big Lots (2)	12
13	14 Mall St Matthews Dollar General	15 YMCA Library	16 GFS	17 Ice Cream (2)	18 GFS Walgreens Bowling	19
20	21 Dollar General Bowling	22 YMCA Library	23 GFS	24 Closed For Thanksgiving	25 Closed for Holiday	26
27	28 K&Mart (2)	29 Dollar Tree Dollar General	30 GFS			

TLC November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 LA GRANGE HISTORY MUSEUM	2 MEALS ON WHEELS	3 WALMART	4 BOWLING AT TEN PIN LANES	5
6	7 FEEDER'S SUPPLY	8 KENTUCKY MUSEUM OF ARTS AND CRAFTS	9 MEALS ON WHEELS	10 DOLLAR GENERAL	11 YMCA	12
13	14 PETSMART	15 OLDHAM COUNTY LIBRARY	16 MEALS ON WHEELS	17 KROGER	18 BOWLING AT TEN PIN LANES	19
20	21 LOUISVILLE NATURE CENTER	22 LOUISVILLE SCIENCE CEN- TER	23 MEALS ON WHEELS	24 GOODWILL	25 YMCA	26
27	28 PETSMART	29 BARNES AND NOBLE	30 MEALS ON WHEELS			



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Help us save our precious resources. Have this newsletter e-mailed to your home or work! Just share your e-mail address with Marleen at general@applepatch.org

Apple Patch is a 501(C)3 non-profit organization dedicated to providing an array of support services for individuals with intellectual and developmental disabilities. We believe many individuals are capable of independent living, yet have never been given an opportunity to reach their highest potential. To help individuals reach this potential, Apple Patch offers its clients the support to make choices among residential options, employment opportunities, social and recreational activities and skills training to achieve the goals to which they aspire.

Kelly's Fashion Show

Kelly wanted to plan and participate in a fashion show as one of her goals. She along with Jeff and Izzy Smith, Leanne Clemons, Brenda Coffey and Debbie Wolph made it a reality this past summer.

Fellow Apple Patch clients, Jackie, Nancy, Donna, Heidi, Karen and Nena all wanted to participate. They all gathered to practice the show at C5 once a week for about one month. It was decided to hold the fashion show in the chapel and each participant would wear three different outfits, which included casual wear and beautiful floor length gowns.

The big day arrived for the show. The Chapel started to fill up with guests and participants. Jeff Smith was the emcee of

the event and Leanne Clemons helped coordinate the music. Everyone had a wonderful time participating in and helping with details to make this event a success. Everyone's hard work was rewarded at the end of the show with the serving of tasty fruit smoothies!

