

September 2011

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Apple Core

Foxhalloween Party At APEX

Each year, Barb Matheny and her trusty and dedicated volunteers help organize and facilitate the fabulous Foxhalloween Party held at APEX in October.

Mark your calendars now and plan to attend from 4 p.m. to 8 p.m. on Sunday, October 23. You will want to be a part of this most frightening, fantastic and fun event of the season!

As in years past, there will be pumpkin carving, a scary haunted cellar, games, a hay ride, face painting and of course, DANCING! Remember to wear your costume and be ready to move to the Monster Mash!

Please bring a dessert or appetizer of your choice and remember, many of our clients appreciate those sugar-free sweets!

Get your 'character' on and be at the 'patch' on October 23rd!

(Pictures are from years past.)



October Birthdays and Anniversaries

Birthdays

Ivy Scott	10/01
Vicki Patterson	10/03
Beth Ahlhaus	10/04
Susan Catron	10/04
Rachel Lamb	10/05
Jeff Ott	10/06
Larry McGraw	10/10
Michael Broyles	10/12
Martin Akwari	10/13
Tomika Cosby	10/13
Bobbi Roberts	10/13
Dot Miller	10/15
Andrew Martin	10/21

Michael Parker	10/21
David Beverly	10/22
Robbin Durbin	10/23
Debra Campbell	10/24
Adrian Trail	10/24
Shirley Bohannon	10/28
Bobby King	10/30

Anniversaries

Melissa Atkins	4 years
Karla Brinley	4 years
Natasha Broughton	4 years
Jean Jenkins	4 years
Cynthia Kelly	4 years
Charlotte Games	2 years
Shameka Johnson	1 year
Rachael Lamb	1 year
Amber Mills	1 year
Alecia Mosley	1 year
Erica Watts	1 year



Red Apple Award

I want to nominate Pam Bramblett for the Red Apple Award. She is extremely knowledgeable when it comes to anything medical with our ladies at C4. Pam is very enthusiastic and does a fantastic job training new hires. Recently she was voted president of the DSP council. She is very sincere about helping all DSP'S. She will pick up extra shifts, help out with medical appointments, and offer a shoulder to lean on when needed. Thank you Pam for all your dedication and hard work for almost three years!

Michelle Rose and the ladies from C4!

I would like to nominate Regan Menard for the Red Apple Award.

Regan does a great job in Wellness, Culinary and Recreation classes. She is a dedicated staff member that has the client's best interest always in mind. Regan designs her classes to reach each and every client according to their personal style of learning.

Staff and clients enjoy Regan's positive attitude, her constant smile and her good work.

Thank you, Regan!

- Mickie Conrad, Hikes Point Manager

Congratulations

Pam Bramblett

Red Apple Award Winner

for September, 2011

Centers for Personal Development Awards Ceremony

The CFPD Annual Awards Ceremony was held on July 15th at the Oldham Campus of Southeast Christian Church. More than one hundred individuals received awards of achievement on subjects ranging from culinary, basic education, history and science to sign language, technology and Art. The faces of each participant in the Apple Patch Centers for Personal Development (CFPD) glowed as their achievements were proudly acknowledged in front of an audience of family, friends and peers.

This is the third year the CFPD has presented an awards ceremony recognizing the personal achievement and celebrating the personal sacrifice each participant makes throughout the year to learn and gain new experiences. It is indeed an honor for the staff at the CFPD to pay tribute to these wonderful participants and to celebrate their efforts to be as independent as possible. The CFPD staff works hard each day to help promote client's independence and thinks of this work not as a job but as a privilege to serve each participant in a very unique way.

A special thank you goes out to Southeast Christian Church for allowing Apple Patch the use of its beautiful facility; making this a very memorable event for clients, staff, family and friends.

Bobby King - Director, CFPD



James Walker, TLC Manager, presenting awards at the Annual Awards Ceremony

Boating Adventure for APEX Clients

Wind at our backs, warm breeze in our faces, cruising down Taylorsville Lake on a Friday afternoon is a great way to start the weekend. On Friday August 5th, 12th, and September 2nd, groups from APEX were offered the opportunity to join Bobby King on his pontoon boat for a boating lesson and a tour of Taylorsville Lake.

The boating lesson covered the proper safety techniques, launching and docking of boats, boating terminology and boating etiquette, which was followed by some fun in the sun!

Thank you Bobby King, Christine Vaughn, and APEX staff for making this excursion a highlight for our APEX participants! This trip is the kickoff for Apple Patch's new Adventure Crew. Recently, Apple Patch has partnered with the Boys Scouts of America and chartered an Adventure Crew program for clients to participate. Stay tuned for the upcoming exciting adventures.

- Mary Allen, APEX Manager



An afternoon on Taylorsville Lake!

Ripley Visits TLC!

David Powell and his friend, Ripley, have visited the TLC several times this summer. Ripley is a 3-year-old golden doodle who loves to eat strawberries, enjoys hiking, running and receiving hugs and attention from our clients.

Peggy H is always the first client to greet Ripley when he comes to the TLC great room.

Thank you David and Ripley, for spending time with us at TLC!



New Sensory Room at TLC

The Transitions Learning Center has decided to design a new Sensory Room to better suit the needs of the individuals who require a more relaxing or stimulating environment depending on their personal preference.

The smaller sensory room focuses on providing individuals with the opportunity to balance their sensory systems in an educational, calming environment by themselves, as opposed to utilizing the room with multiple peers at the same time. The room also offers more sensory items to manipulate and a more “scenic” atmosphere with stars that glow in the dark, an image projector, a sound machine, a rotating fan, and black light pictures hung on the wall. Sandy Grider, or “The Autism Queen” as we like to call her because of her vast experience working with individuals with Autism, was a huge help in planning and donating items for the new sensory room. Thanks, Sandy!

- James Walker, TLC Manager



Sandy Grider puts finishing touches on the TLC Sensory Room!

Golden Tee Golf at Hikes

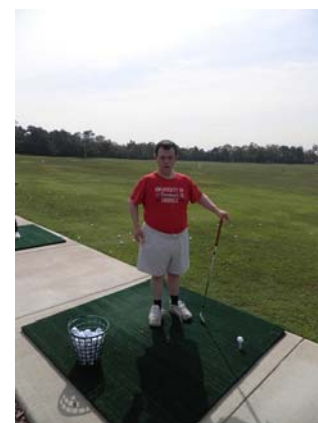
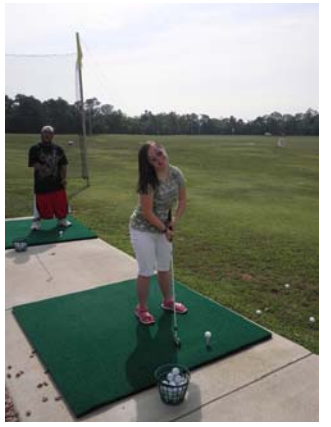
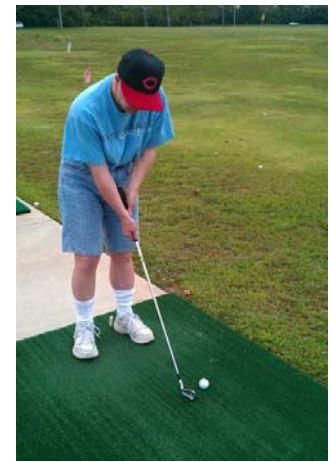
On Thursday August 18th and Friday August 19th, clients from the day program at Apple Patch's Hikes Point location enjoyed time at The Golden Tee Driving Range. With beautiful weather, a vast green field, about 400 golf balls and a few golf clubs, the clients had fun whacking balls to see who could make their ball go the farthest!

Apple Patch staff and a few Golden Tee employees were on hand to help instruct clients on the basic fundamentals of a golf swing. Each client was assigned to a turf mat, a basket of golf balls and a few golf clubs then they were to let loose to tee off until the basket emptied. After each client was done hitting all their golf balls, they headed out to the field to collect the golf balls they had just hit, only to start the process all over again! It was a great way to spend the morning!

The smiles and laughter this activity elicited from clients was enough to confirm the driving range activity was a big hit! (Of more than just golf balls!) Just ask Jonathan P, who when asked if he had a good time, declared, "IT WAS SWEET DUDE!"

We big thank you goes out to the kind people at Golden Tee for their generosity and hospitality.

Zac LaFollette - Hikes Point DSP



"It was sweet, dude!"
A client's comment after
a morning of hitting golf
balls at the Golden Tee
Driving Range.

Josh H Shares a History Lesson

Recently, clients in the History class at Hikes Point were invited to step up to the front of the class and share a bit of history about themselves or about an event in the past. Josh H accepted this invite and he taught his friends a little bit about WWI.

He came well prepared. He began the class by addressing his friends with a big hello, followed by an explanation of what he was going to teach. He shared a very informative lesson on WWI, giving

the date when it started and ended, which countries were involved, how the battles were fought and how many lives were lost. Josh even prepared handouts for each client to take home. After he finished his presentation he thanked everyone for their kind attention. It quite an informative class and everyone agreed they would like Josh to teach them another history lesson in the near future!



Josh H teaches a history class at Hikes Point!

Apple Patch Celebration Dancers

The debut of the Apple Patch Celebration Dancers (APCD), a performance group dance activity, happened at this year's Apple Patch Prom held at the Berrytown YMCA. The APCD is organized and led by Charice Malone and all members gather at APEX to learn how to move the ribbon streamers to their favorite dance tunes.

Jon W. is a member and the group leader. He showed his amazing dance talent, ribbon coordination (mastering the movement of two ribbons) and creative dancing at the Prom. His dance has inspired a few more men to think about becoming a member of this group!

Shavon H is the lead assistant for the group. Recently, Shavon is making many outstanding decisions about the design of the groups costumes. She has suggested different colors and different styles that will allow comfort and freedom of movement.



Pat R is the music consultant and she stays on top of the latest music selections that each member of the group enjoys listening to, and of course, moving to, too!

Kelly D is the choreographer assistant. She has a keen eye for what the next move might be and she has a delicate and soft touch on her feet at all times.

Please look for the Apple Patch Celebration Dancers (APCD) at upcoming Apple Patch events. If you would like more information about this program, or to schedule a performance at your special event, please email [Charice Malone](mailto:ChariceMalone) or call her at (502) 639-7068.

Direct Support Professional (DSP) Education and Training

S.P.E.A.K.

S.P.E.A.K will hold two lectures in October. The first lecture will be from 9:30 a.m. to 12:30 p.m. on Tuesday, October 4 at the Council, 1151 S. Fourth Street, Louisville. The topic is "End of Life: How it Affects the People We Support and Those Who Support Them". The end of life is a very scary and challenging time for anyone. These feelings can be magnified in people with Intellectual and Developmental Disabilities. This session will provide examples and guidance to help direct support professionals involved with someone going through the final stages of their life.

The second lecture will be from 9:30 a.m. to 12:30 p.m. on Thursday, October 6 at the Council. The topic is "Families: Friend or Foe?". Many DSPs may ask themselves, "What role does the family play in the life of our program's participants? Am I supposed to work with the family, too? How do I do that? What should I do if I don't agree with the family and what they want me to do?" This gathering is meant to encourage DSPs to share their questions, comments and strategies in a effort to help develop ways to successfully interact with families and consumers. Please email [Charice Malone](#), Staff Development Coordinator or call her at (502) 639-7068 to register for the lecture.

College of Direct Support (CDS)

Be a part of our credentialing program and/or consider taking one of many CDS courses available through the College of Direct Support. Each course is carefully designed to help our DSPs enhance and improve the level of care they offer our clients.

Please email [Charice Malone](#), Staff Development Coordinator or call her at (502) 639-7068 if you would like more information or if you are interested in enrolling.

Mandatory Staff Meetings

All Residential Staff Meetings are MANDATORY. You MUST email [Melanie Jackson](#), Assistant Director of Residential Services, or call her at (502) 657-0103 if you have a legitimate reason you cannot make these meetings. They are at 2 p.m. in the Chapel on the following dates: October 13 and December 15.



New Clients/Personnel/Change of Responsibility

CFPD DSP

Kelsey Bartley holds a CNA certificate and has more than two years experience working with disabled individuals. She is assigned to TLC.

Andrew Martin has more than three years experience caring for individuals with disabilities as well as prior customer service experience. He is assigned to APEX.

Residential DSPs

Robin Cornelius has worked as a corrections officer for more than ten years and she has held jobs in customer service positions.

Synamon Lyle has more than seven years experience working with individuals with intellectual and developmental disabilities.

Leslie Ellis has previous experience working with the public and is looking forward to working as a direct care professional.

Bobbi Roberts has previous experience working with the elderly and with a family member who is intellectually disabled.

Drivers

Rebecca Hernandez has more than three years experience driving school buses; first in Gwinnett County, GA and presently in Oldham County, KY.

Tyrone Porter has more than eight years experience driving clients who are young, old or disabled to and from appointments.

Maintenance

Donald Smither returns to his home state of Kentucky after living and working in Texas and Colorado for more than 12 years. He has previous carpentry experience including framing, building homes, building forms and concrete work.

Change of Responsibility

Welcome back David Beverly. He returns to APEX as a floater.

Save The Date

October 5 - Ryan Moss and Author, Barbara Nelson will appear at 9 a.m. on WHAS "Great Day Live" on Wednesday, October 5. Barbara's book, *Ryan's World, the Voice of A Premie*, is written about Ryan's life with the goal of giving voice to individuals like Ryan who bring hope and inspiration to all families living with a loved one who is developmentally and intellectually challenged.

October 7 - 'Shine Under the Sea' prom, 7 p.m. at Southeast Christian Church. Please contact [Bobby King](#) or [Jennifer King](#) or by phone at (502) 657-0103 for more information.

October 18 - Annual Meeting 6 p.m. to 8:30 p.m., Crestwood Baptist Church. Please help us plan refreshments by sending an RSVP by email to [Marleen](#), or by calling the main offices at (502) 657-0103.

October 23 - Foxhalloween, 4 p.m. to 8 p.m. at APEX. Please bring an appetizer or dessert (sugar free items are appreciated!). Wear a costume! Please email [Barb](#) or call her at (502) 931-0464 for more information!

October 28 - CFPD Annual Halloween Party from 10 a.m. to 3 p.m. at APEX. Please contact [Jennifer](#) or [Christine](#) to volunteer to help with one of many ghoulish activities planned!

Warm Fuzzy

I want to send a warm fuzzy to Marleen. She always has a smile on her face and nice things to say when she sees you. Thanks for all your cheer all year long. You work hard and we all love you. Keep up the good work. Love you bunches.

I want to thank my staff at Hikes Point. You do a wonderful job and keep the clients very happy in your classes. Keep up all the good work.

Thank you to Bobby and Jennifer for all the hard work you do. We appreciate everything you do for us and our clients Your staff at Hikes Point.

- Mickie Conrad, Hikes Point Manager

Big warm fuzzy to C7, Group Home, Irish Moss, and Cherrywood! Happy DSP appreciation week! Thanks for all your hard work and dedication. You are all amazing and I appreciate all you do. Thank you all so much, Hazel

- Hazel Sanders, Residential Manager

I'd like to thank Saddle Love for all her dedication and hard work she has put into organizing items for the annual art sale. Saddle, we appreciate your efforts in completing these projects prior to your maternity leave. Your hard work has not gone un-noticed. Thank you!

Candace Grant your enthusiasm for the expansion of your Education class material has been wonderful and shown great enhancement in the hands-on learning that is taking place. Keep up the good work!

Kudos to Jeff Smith for great improvement on his documentation skills.

Mary Allen - APEX Manager

Since Lynn S loves the Dukes of Hazzard, and Bo, Daisy and Luke are her cousins, I asked my bestie, Jenny Powell (who has a Jeep like Daisy's) to let me borrow her Jeep! We went to lunch, the doctor and for a ride on a beautiful sunny day... Lynn had the time of her life! Lynn wanted her picture taken and shared with friends! Here it is!



- Michelle Rose, Residential Manager

I would like to send a huge warm and fuzzy to all of the TLC staff for all you guys do! There is no way to describe what a good job we do or how hard we work to provide support for our clients. Even when times are rough we always manage to work as a team and pull through... Thanks for everything!

A warm and fuzzy to Charlotte and Julie for always being willing to help out! Julie, thanks for being so patient with me trying to remember your name! (lol)

Another warm and fuzzy to Marleen for being on top of everything. You are the multi-task champion!

James Walker - TLC Manager

I would like to send a warm and fuzzy to Michelle Quire for being an amazing DSP and an even better friend. I have watched you grow into a beautiful young woman!

I would like to send a warm and fuzzy to Ken Wilson and Noah Puckett for being so much fun to be around. You guys make me smile everyday!

I would like to send a warm and fuzzy to James Walker for being an amazing manager and friend. You have done truly wonderful things at TLC and make such a difference in the lives of those we serve. It has been so wonderful becoming your friend. You are going to do big things!

I would like to send a warm and fuzzy to Bobby and Jennifer King for giving me the opportunity to be part of such a wonderful organization. I wish I would have made the switch years ago. You guys ROCK!

Alicia Woods, TLC DSP

Purse Party

Join us for a sale of new and gently used purses and jewelry.



October 5, 2011

Stop by anytime between 5-8 p.m.

Lakeview West Condos. Party room. 1815 Gardiner Lane (K Bldg.) Wine, apple cider and appetizers will be served.

Door prizes include gift certificates from Dee's, Framing Express, Scissors, and EnVouge. Bring a purse to donate and receive an additional chance to win a door prize.

First 25 guests receive a goody bag.

All proceeds go towards the Apple Patch Halloween party expenses.

For more information call Barb Matheny @ 931-0464

Visit applepatch.org

APEX October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 MOW YMCA	4 Library Michaels	5 GFS Walmart	6 YMCA Swimming Bowling	7 Hiking	8
9	10 MOW YMCA	11 Library Costco	12 GFS Dollar Tree	13 YMCA Swimming Bowling	14 Hiking	15
16	17 MOW YMCA	18 Library Bowling	19 GFS Target	20 YMCA Swimming Library	21 Hiking	22
23 Foxhalloween	24 MOW YMCA	25 Library PetStore	26 GFS Half Price Books	27 YMCA Swimming Library	28 CFPD Haunted House	29
30	31 MOW YMCA					

Hikes Point October 2011

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
							1
2		3 Halloween Express	4 Ice Cream	5 GFS Ryans-lunch	6 YMCA Library	7 GFS Bowling Walgreens	8
9		10 Dollar Tree Bowling	11 YMCA Library	12 GFS Swimming K-Mart	13 1/2 Price Books Michael's	14 GFS Walmart	15
16		17 Panera Bread	18 Halloween Express	19 GFS Swimming Big Lots	20 YMCA Library	21 GFS Bowling	22
23 FoxHalloween		24 Dollar Tree Bowling	25 YMCA Library	26 Henry's Ark Goodwill	27 Mall St Matthews	28 Halloween Party At APEX	29
30		31 Halloween Party At Hikes Point Hot Lunch					

TLC October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 FEEDER'S SUPPLY	4 KENTUCKY MU- SEUM OF ARTS AND CRAFTS	5 MEALS ON WHEELS	6 DOLLAR GENERAL	7 YMCA	8
9	10 LOUISVILLE NATURE CENTER	11 OLDHAM COUNTY LIBRARY	12 MEALS ON WHEELS	13 KROGER	14 BOWLING AT TEN PIN LANES	15
16	17 PETSMART	18 LOUISVILLE SCIENCE CENTER	19 MEALS ON WHEELS	20 WAL-MART	21 YMCA	22
23	24 LOUISVILLE ZOO	25 BARNES AND NOBLE	26 MEALS ON WHEELS	27 CRESTWOOD SUPERMARKET	28 COMMUNITY CENTER	29



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Help us save our precious resources.
Have this newsletter e-mailed to your home or
work! Just share your e-mail address with
Marleen at general@applepatch.org

Apple Patch is a 501(C)3 non-profit organization dedicated to providing an array of support services for individuals with intellectual and developmental disabilities. We believe many individuals are capable of independent living, yet have never been given an opportunity to reach their highest potential. To help individuals reach this potential, Apple Patch offers its clients the support to make choices among residential options, employment opportunities, social and recreational activities and skills training to achieve the goals to which they aspire.



HALLOWEEN AT APPLE PATCH

SAVE THE DATES!

October 23 - Foxhalloween, 4 p.m. to 8 p.m.
at APEX. Please bring an appetizer or dessert
(sugar free items are appreciated!).

Wear a costume! Please email Barb or call her
at (502) 931-0464 for more information!



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